

# RENTON *Magazine*

Volume 2 / No 3 March 2007



Cover:  
**Painting  
Renton's  
History**  
page 14



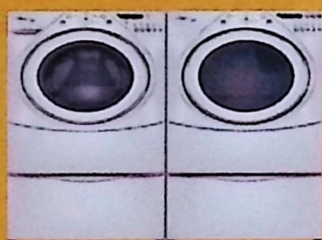
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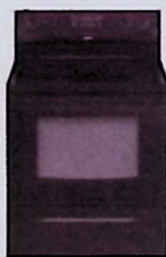


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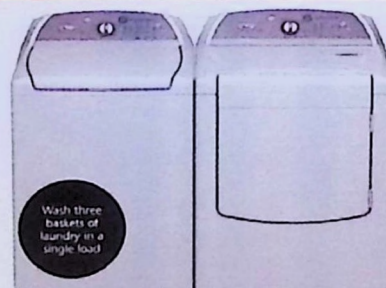
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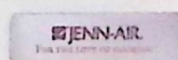
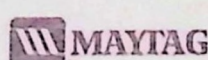
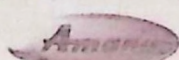
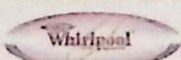
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## **publisher's note**

**F**irst the Seattle Seahawks and now the Seattle SuperSonics.

Renton continues to be in the headlines and on the evening news. The latest breaking news was the recent announcement by Sonics owner Clay Bennett that he prefers Renton as the site for a new multi-purpose arena that would be home to the Sonics and Seattle Storm basketball teams, while also hosting dozens of other events, from concerts to conventions.

This could be great news for Renton. And maybe not. There are many more questions than answers to how such an arena will fit into this community, not to mention who will pay to have it built.

It seems reasonable that a successfully-

operated arena would be a boost to the local economy and the state coffers. Restaurants and bars, hotels and other ancillary businesses could benefit from a well-run arena. This is the good news.

On the other side of this debate are the potential impacts, well beyond the question on who will pay for this expensive venture. Already, there is a full-court press by opponents demanding that public dollars not be used to subsidize a private enterprise. I suspect that political ball will be dribbled around



**Denis Law**  
PUBLISHER

the court until this state legislative session nears completion.

The potential impacts include traffic, increased crime and quality of life issues for residents who will become the hosts for regional events. Can these issues be effectively mitigated so that this becomes a win-win for Renton citizens and the region?

That question will hopefully be answered through a host of studies and community forums.

Meanwhile, it's nice to see that years of hard work and collaboration have clearly placed Renton in a position to have this discussion.

## **RENTON** *Magazine*

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### **cover:**

Artist Doug Kyes has left his mark though-out Renton. See page 14 for details / Photos by David Nelson / Cover design by Kerri Ladines.

## **important phone #'s**

**City Hall**  
425.430.6400

**Chamber of Commerce**  
425.226.4560

**Community Center**  
425.430.6700

**Fire Dept**  
(non emergency)  
425.430.7000

**Library (Main)**  
425.430.6610

**Library (Highlands)**  
425.430.6790

**Maplewood Golf Course**  
425.430.6800

**Police Dept**  
(non emergency)  
425.430.7500

**Renton Community Foundation**  
425.264.0516

**Renton Magazine**  
425.271.9300

**Renton Museum**  
425.255.2330

**Senior Activity Center**  
425.430.6633

**Valley Medical Center**  
425.228.3450



# upcoming march events



## easter egg hunts

march 30

### Flashlight Egg Hunts

Ages 7 to 10 and ages 11 to 15 are welcome to join the fun during separate night-time egg hunts at Liberty Park. The darkened field will be stocked with loads of candy and prizes. All you need is a flashlight and a sack to carry home all your goodies.

Friday at 8 p.m.

425-430-6700

Liberty  
Park  
1101  
Bronson  
Way  
North

Admission:  
Free

march 31

### Hip Hoppin' Egg Hunt & Carnival

Children six years of age and under (with parent/guardian) are welcome at the Renton Community Center at 10 a.m. for a free egg hunt. A spring carnival will follow the egg hunt. Carnival pass for all activities is \$6 and includes crafts, games and inflatables. Photos with a "Spring Bunny" and concessions are available for nominal fees.

Saturday from 10 a.m. to  
12:30 p.m.

425-430-6700

Renton Community Center  
1715 Maple Valley Highway

Admission: \$6 for carnival pass



march 10

### Summer Part-Time Job Fair

Saturday from 10 a.m. to  
11:30 a.m.

425-430-6700

Renton Community Center  
1715 Maple Valley Highway

Admission: Free



march 10

### Her Stories

Saturday at 11 a.m.

425-255-2330

Renton History Museum  
235 Mill Ave. S.

Under 8 are free



march 13

### Tea, True Womanhood, and Uppify Women

Tuesday at 4:30 p.m.

425-255-2330

Renton History Museum  
235 Mill Ave. S.

Under 8 are free



march 15

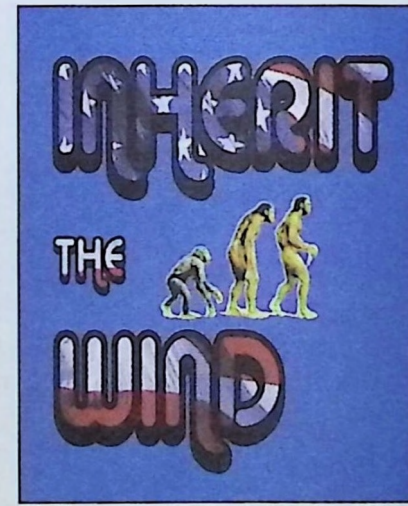
### Renton City Concert Band

Thursday at 7:30 p.m.

425-430-6700

IKEA Performing Arts Center  
400 S. 2nd St.

Admission: \$7/adults; \$5/stu-  
dents and seniors



march 23

### Inherit the Wind

March 23 through April 8

425-226-5529

Renton Civic Theater  
507 S. 3rd St.

Admission: \$20/adults;  
\$15/students and seniors



## upcoming april events



### harlem gospel choir

April 6 & 7

The world famous Harlem Gospel Choir travels the globe, sharing its joy of faith through music and raising funds for children's charities. The choir, founded in 1986 by Allen Bailey, is a gathering of the finest singers and musicians from various black churches in Harlem.

Friday at 8 p.m.  
Saturday at 8 p.m.

IKEA Performing Arts Center  
400 S. 2nd St.

Admission: \$22/adult, \$20/senior and students, \$10/children 10 and under, \$24 at the door  
425-204-3455



april 13-15

### Evergreen City Ballet: Cinderella

Friday at 7:30 p.m.  
Saturday at 1:30 and 7:30 p.m.  
Sunday at 1:30 p.m.

IKEA Performing Arts Center  
400 S. 2nd St. 425-228-6800

Admission: \$30/adult,  
\$25/seniors, \$20/student/child



april 14

### Storybook Theater presents: Little Mermaid

Saturday at 11 a.m.  
and 1 p.m.

425-204-3455

IKEA Performing Arts Center  
400 S. 2nd St.

Admission: \$8 for all

now  
playing



### Some Enchanted Evening:

### The Music of Rodgers and Hammerstein

Some Enchanted Evening is a celebration of songs that have become a part of our lives — songs that are sung in the shower and to entertain and amuse. This show places five performers, each of whom could easily be cast in any Rodgers and Hammerstein show, in a theatrical setting, first "backstage" where the songs are sung as personal interplay, and then "on stage" where the songs are "performed" for the audience.

**Saturday,  
March 3 at 7 p.m.**

IKEA Performing Arts Center  
400 S. 2nd St.

Admission: \$22/adults, \$20/senior and students, \$24 at the door

425-204-3455

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# calendar of events

## ENTERTAINMENT

### *Inherit the Wind*

March 23 through April 8

Renton Civic Theater provides food for thought with a premier presentation of "Inherit the Wind." This play explores the famous Scopes Monkey Trial in Tennessee during the 1920s. Directed by RCT favorite Gregory Magyar.

Renton Civic Theater  
507 S. 3rd St.

425-226-5529

Admission: \$20/adults; \$15/students and seniors

[www.rentoncivictheater.org](http://www.rentoncivictheater.org)

## APRIL EVENTS



### **Harlem Gospel Choir**

Friday, April 6, and  
Saturday, April 7,  
at 8 p.m.

The world famous Harlem Gospel Choir travels the globe, sharing its joy of faith through music and raising funds for children's charities. The choir, founded in 1986 by Allen Bailey, is a

gathering of the finest singers and musicians from various black churches in Harlem.

IKEA Performing Arts Center  
400 S. 2nd St.

425-204-3455

Admission: \$22/adult, \$20/senior and students, \$10/children 10 and under, \$24 at the door

[www.ikeapac.org](http://www.ikeapac.org)



### **Evergreen City Ballet: Cinderella**

April 13 through April 15

In a magical story in which inner beauty overcomes the hardship of an unkind existence caused by the selfish and shallow disregard of others, Cinderella finds her handsome prince and all the happiness love, life and the world might offer.

IKEA Performing Arts Center  
400 S. 2nd St.

425-228-6800

Admission: \$30/adult, \$25/seniors, \$20/student and child

[www.evergreencityballet.org](http://www.evergreencityballet.org)

### **Storybook Theater presents: Little Mermaid**

Saturday, April 14 at 11 a.m. and 1 p.m.

Walking and talking underwater aren't



easy for a little mermaid who dreams of dancing! Can she find a way to trade in her tail for legs? The audience will decide whether the Little Mermaid should keep her legs or high-tail it back to the sea! For ages 3-9.

IKEA Performing Arts Center  
400 S. 2nd St.

425-204-3455

Admission: \$8 for all

[www.ikeapac.org](http://www.ikeapac.org)



### **Calamity Payne's Wilde West Wonder Show**

Saturday, April 14 at 11 a.m.

Known far and wide as a teller of tall tales, Calamity Payne also uses his extraordinary skill at the "High Art of Prestidigitation" to dazzle and amaze both young and old alike.

Fashioned after entertainments popular during the late 1800s, the King of the Cowboy Conjurors is a fun-filled performance that will engage and delight the entire family.

Renton History Museum  
235 Mill Ave. S.

425-255-2330

Admission: Under 8 is free

[www.rentonhistory.org](http://www.rentonhistory.org)

## SENIOR EVENTS

### RENTON SENIOR CENTER

Renton Senior Activity  
Center  
211 Burnett Ave. N.

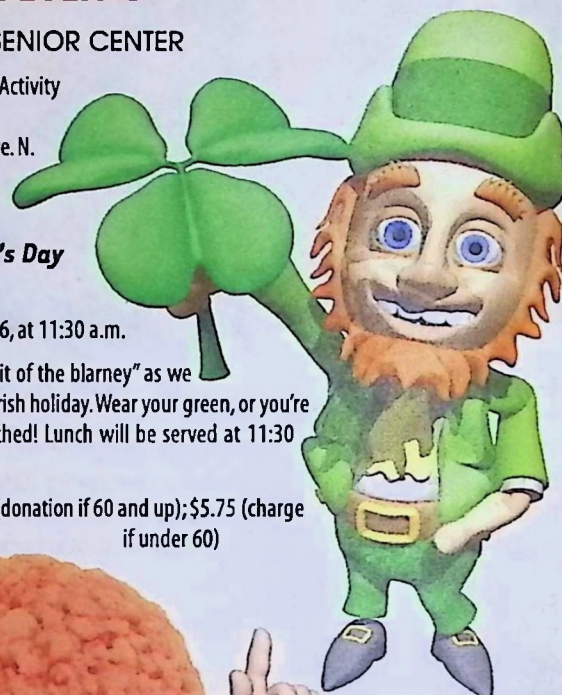
425-430-6633

### **St. Patrick's Day Luncheon**

Friday, March 16, at 11:30 a.m.

Join us for a "bit of the blarney" as we celebrate this Irish holiday. Wear your green, or you're sure to be pinched! Lunch will be served at 11:30 a.m.

Admission: \$3 (donation if 60 and up); \$5.75 (charge if under 60)



### **St. Patrick's Day Dinner/Dance**

Friday, March 16, from  
4 p.m. to 7 p.m.

Put on your green (or you might get pinched) for an evening of Irish fun. There might be leprechauns lurking about to jig along to the music by dance master, Bill Bennett. Irish Potato hash and a "blarney" dessert will be served. Tickets must be purchased by March 14. Dinner will be served from 4 p.m. to 5 p.m.

Admission: \$6

[www.ci.renton.wa.us/commser/rec/snrctr.htm](http://www.ci.renton.wa.us/commser/rec/snrctr.htm)

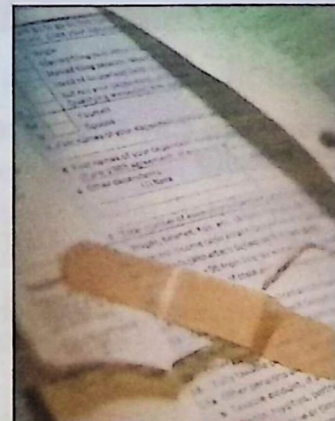


### **Tax Aide Program**

Thursdays, Feb. 1 through April 12

This AARP-sponsored program uses trained volunteers to assist with tax returns. It is free to adults 50 years and older. This is not designed for seniors with complex returns, businesses or rentals. Please bring in last year's tax return. All tax forms will be electronically filed (E-file). Call 425-430-6633 to make an appointment.

Admission: Free





## I remember Tim, and the war that killed him

*P*urely by chance the other day I was on the phone with a woman I didn't know and had never met. She was the widow of one of my childhood friends.

I had called her company on business and recognized her last name. Yes, she said, she was related to Tim. She had been his wife until he passed away in 1982.

Tim's story is worth retelling now as this country continues to send troops to shed blood and die in Iraq.

I've changed his first name and omitted his last name here because I don't want to cause his family more grief.

Tim and his family moved to North Renton when we were both kids. They moved into a house

across the alley from ours. Tim's older brother, Ronnie, was my age and we quickly became best friends. Tim was three years younger but he was a good kid and he usually tagged along with the older guys.

We did the things kids from North Renton did back in the 1950s. We camped out in our back yard on summer nights and pretended we were exploring somewhere in the jungle. My dad's back yard was heavily



David Suffia  
EXECUTIVE EDITOR

planted with pear, apple and plum trees, and long rows of raspberries and boysenberries, so it was easy to pretend we were out in the wilds.

We went swimming in nearby Cedar River when it was hot enough in the summer, and we fished for trout in the spring when it was colder. Sometimes we'd walk the railroad tracks all the way out to Kenndale beach to swim. We'd make crude little wooden hydroplane replicas and have races by towing them around the neighborhood on strings behind our bikes.

Ronnie and Tim must have inherited a good nature gene from somewhere. They were always laughing and joking, never taking much of anything too seriously. Both became

famous for their pranks and jokes, and everyone liked them.

Ronnie and I graduated from Renton High School in 1961 and went our separate ways. I went on to college; Ronnie went into the building trades. Three years later, Tim graduated and wound up in Vietnam, serving as a medic. I never saw him again.

Some years later, I ran into Ronnie and he told me that his younger brother had come back from Vietnam a much changed young man than I remembered as a youngster. Apparently, what he had seen and done and endured in that Southeast Asian hellhole of a war had eaten into his soul.

SUFFIA - page 8

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**RENTON Magazine**

# Winter Blues: Renton Snowstorms Through the Years

BY ELIZABETH P. STEWART

When we're in the middle of a spate of windstorms and snowstorms as we have been the past few months, it's easy to forget how much worse it could be — and has been — in the past.

The Seattle area is known for its mild weather, but every 20 or 30 years we really get pummeled by snow. On January 31, 1916, snow started falling and didn't let up for 27 hours, after three feet had fallen in Seattle, Renton, and the surrounding areas. The snow was so dangerous that the King County Humane Society warned



PHOTO COURTESY OF THE RENTON HISTORY MUSEUM / #1996.041.4154

Gladding McBean Plant after the 1950 snowstorm.

teamsters to put special shoes on their horses to avoid broken legs — the equivalent of the state Department of Transportation's warning to add chains to your tires.

On January 15, 1943, snow began falling throughout the Puget Sound region. Wartime restrictions on weather reporting resulted in the Seattle Post-Intelligencer's lighthearted report that "the thermometer changed its position more than somewhat Friday night, and a lot of restricted military information fell in the streets of Seattle and vicinity."

The cold snap continued until the War Production Board had to declare a gas heating emergency. Homeowners were required to turn off their gas stoves and hot water heaters. Assembly lines at the Boeing Company in Renton and at Boeing Field closed on Jan. 19 when the factories ran out of natural gas.

Temperatures got so cold — down to nine degrees — that motorists ended up with all kinds of trouble. The Renton Chronicle reported that "at Williams & Swanson's... Ed Swanson was going

round and around as they inspected a half dozen bursted [sic] motor blocks and several pecks of other assorted troubles." Stores ran out of chains and electric heaters, but people made the best of the situation with skis and snowshoes.

Similar problems resulted from the mid-January blizzard of 1950. PACCAR and Boeing both closed down briefly, and the Renton Airport shut down from Friday morning until Tuesday afternoon until one runway could be plowed. The only plane that could take off and land was Witters' ski plane, which brought in food and medical aid to people stranded in "the country."

The 1950 blizzard launched one of the worst cold snaps in Washington state history and the blizzard of 1916 remains the Puget Sound's greatest snowstorm in recorded history. All of which makes the little snows of the winter of 2005-2006 a lot more bearable.

Elizabeth P. Stewart is the Director of the Renton History Museum. 425.255.2330. [www.rentonhistory.org](http://www.rentonhistory.org)

## Renton History Museum

Tuesday - Saturday 235 Mill Ave. S., Renton  
(closed holidays) 425.255.2330  
10 a.m. - 4 p.m. [info@RentonHistory.org](mailto:info@RentonHistory.org)

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## SUFFIA from page 7

He couldn't cope emotionally with what had happened in Vietnam, his older brother told me, and he had started to drink. He was trying to kill himself with booze, Ronnie told me, because he just couldn't stand it.

Even though he married, Tim continued to struggle with his demons and the liquor. He died in 1982 at the age of 36, a delayed casualty of a stupid war started by old men who didn't

have to fight it.

Tim's daughter was 5 when he died, and she never got to know her dad. When I was on the phone with her mother recently, she asked if I would talk to Tim's daughter and tell her what her father had been like as a youngster, in happier times.

I told her I would. I'd tell her daughter that Tim had been one of the brightest, funniest, most likeable friends I ever had.



kirby unti

## Local kid hits the big time



KIRBY UNTI

I have known Jonathan Jayne since he was a little boy and his mother began bringing him to church. Jonathan immediately fell in love with the music and was always moving his body to the rhythms, simulating the motions of a drummer. When worship was over, Jonathan would wander up to the musicians to check out their instruments and beg for the opportunity to try one out.

Jonathan has a form of autism which has created additional challenges for him, but don't be fooled. I have played pinochle with him on many occasions, and he seldom loses.

Jonathan has a winsome personality and thrived in our mainstream youth group. He is sociable and loves to be the center of attention. He certainly knows how to hold his ground when it comes to giving somebody a bad time – and taking it in reverse.

Jonathan told me weeks in advance that he was going to try out for American Idol. This was vintage Jonathan. He loves challenges and is not easily deterred or defeated. This is the same kid who had the tenacity to earn his Eagle Scout Award under the wonderful mentoring of his spe-

cial needs troop. One of his merit badges was in marksmanship, something Jonathan excelled at. He has a stubborn streak in him that has served him well.

The big day came, and Jonathan managed to make his way before famed judges, Randy, Paula and Simon. Simon opened by making a crack about Jonathan's jolly size by asking him if he was wearing Randy's pants. His caustic comment didn't even dent Jonathan's presence. Jonathan proceeded to sing "God Bless America" by pouring his heart into the performance. His nerves clearly had the upper hand and while it was acceptable, it wasn't Jonathan's best.

Jonathan didn't make the cut. This would have been the end of the story had Simon not proceeded to make cruel fun of the next contestant, Kenneth, a friend that Jonathan had met during the try-outs. Simon's comments calling him a "bush baby" were so out of line that the press picked up on the story. Jonathan and Kenneth became celebrities because of the way they had been abused for entertainment purposes.

The Jimmy Kimmel Live show picked up on the story and invited Jonathan and Kenneth to appear. Soon calls were coming in from Larry King and opportunities to attend the Super Bowl and Grammys. Jonathan also has plans to travel to Shanghai to be an ambassador for the upcoming 2007 Special Olympics. Jonathan has been in seventh heaven lapping up all the attention.

It may end up being a long fall from stardom for Jonathan if his celebrity status is short-lived. Knowing Jonathan, this won't defeat him. He will chalk it up as another great experience. If nothing else he can take great delight in having turned the tables on Simon.

*Columnist Kirby Unti is pastor of St. Matthew's Lutheran Church in the Renton Highlands.*

## April Deadline

Advertising deadline for the April edition is March 12.

Please call 425.271.9300 to speak to an advertising representative.

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# Kennydale United Methodist celebrates 100 years

When Kennydale United Methodist Church formed in March of 1907, it was the center of the Kennydale neighborhood. With 15 members, it was the largest congregation in the area when local developer C.D. Hillman sold two lots to the church.

The congregation, now numbering 80, will celebrate its centennial with a special 10 a.m. service Sunday, March 4. Bishop Edward Paup will speak at the service, which will be followed by a luncheon reception.

Kennydale United Methodist Church was first known as the Methodist Episcopal Church

and then changed to the Kennydale Methodist Community Church. In 1969, it changed to its current name.

During the 1940s, an accidental fire burned down the parsonage and the church. Soldiers stationed across from the church helped to save all the items in the building, except the original historical records. Several renovations have occurred since.

Today, the congregation owns a large park-and-ride lot adjacent to the church. It plans to construct a community center that will be wheelchair-accessible and feature youth facilities and meeting rooms.

*Kennydale Methodist Church Built 1907  
Rev. Dyer - Pastor*



Kennydale United Methodist Church will celebrate its 100th anniversary on Sunday, March 4.

*Harry Gross  
Harold Hunt  
Matthew Hunt  
Raul Hunt*

*Mr. Dyer  
Mr & Mrs Dodge  
Leta Kent  
Faith Hunt*

*Beatrice Hunt  
Esther Hunt  
Neva Mitchell*

*Mr Logan  
Emma Dodge  
Maud Hansberry  
Nellie Gross  
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# around the garden



## Now's the time for veggie garden novices

BY ELAINE ANDERSON

**H**ave you been thinking of growing your own vegetables? Now is the perfect time to get started.

If you're a novice, you'll want to begin with vegetables that are easy to grow. And, you'll want to start with a small, efficient, and productive garden. This should be in an area of your yard that will provide adequate sunlight, good soil, and easy access for planting, watering, weeding, and harvesting.

Vegetables need a minimum of six hours of direct sunlight a day. If you don't have such a site now, you might be able to create one by pruning a few branches from a tree or removing a shrub or two.

What about your soil? If you can dig into it to a depth of one foot without undue strain on your back, and if it drains well, your soil should be fine for a first garden. Later, when you gain experience, you'll probably want to amend it, but don't worry about that for this first season.

Will you be able to water your garden

with little trouble? A small garden can easily be hand-watered, but the hose has to reach there! And, you will need to be able to reach there, too. Design the perimeter of your plot for easy access - for yourself and a wheelbarrow. Make sure that you'll be able to reach in to weed and harvest each spot in the garden without uncomfortable stretching.

Begin planting when your soil is moist, but not soggy. This will most likely be sometime in March. Plant no more than a half-dozen vegetables this first time, and choose ones that are easy to grow. How about leaf lettuce, green onions, radishes, and peas? Plant seeds according to the directions on the package and choose varieties that grow well in the Puget Sound area.

The Territorial Seed Company specializes in these varieties, and their catalog is available online at [www.territorial-seed.com](http://www.territorial-seed.com).

Once your seeds are planted, don't let the soil become dry. Keep it damp, but not soaked. Lots and lots of seedlings will soon be poking up out of the ground, seeking air and light.

Now comes what I find to be one of the most difficult gardening decisions. Which will live and which will die? Keep in mind how large the mature plants will be and remove most (yes, most!) of the seedlings from around the ones you want to thrive and grow.

You'll have many more questions than this brief introduction to vegetable gardening can answer. You'll want to know about fertilizer, for example, and about pest control. For help, call the Master Gardener Phone Clinic at the number below. Pick up a copy of Steve Solomon's *Growing Vegetables West of the Cascades*, which is the best book on the subject. Get started now planting for your summer harvest, and there will be plenty of time for a fall harvest, too.

*Elaine Anderson is the Washington State University Extension coordinator for the King County Master Gardener Program. The program, funded by King County and WSU, provides free, environmentally friendly gardening advice to home gardeners. For answers to your questions about vegetables and other gardening topics, call the Master Gardener Phone Clinic at 206-296-3440.*



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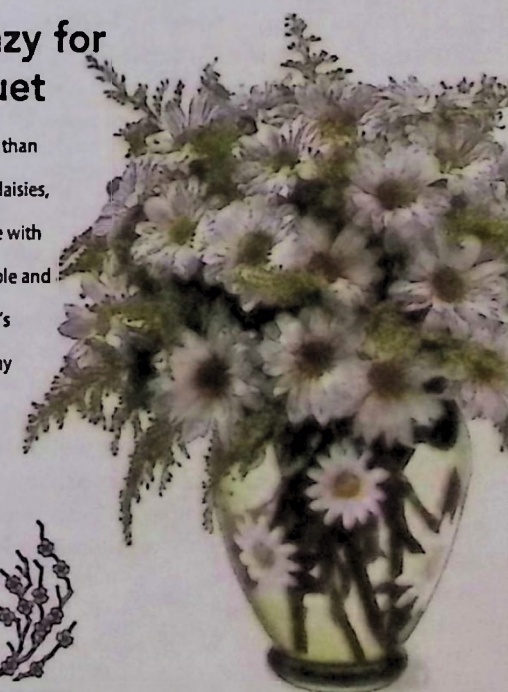
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EARL CLYMER



JESSE TANNER

## Two mayors were men for their times

BY MANNY FRISHBERG

*T*his winter Renton said good-bye to two men who were instrumental in making the city what it is today and whose influence will help fashion the city's future. As Pastor Kirby Unti of Renton's St. Matthew's Lutheran Church put it, Earl Clymer was the last mayor of Renton as a small town and Jesse Tanner was the first mayor of the growing city that it has become.

Clymer, 81, died Dec. 20 following a massive stroke. Tanner, 79, died Feb. 6 with a heart condition.

Clymer served on the City Council from 1969 to 1983, when he began the first of his two terms as mayor of Renton. Tanner was elected to a council seat in 1989 and became mayor in 1995, defeating Clymer in his run for a third term by about 300 votes.

While the two men were at times political rivals, they were friends as well, and they shared a commitment to the city they both served.

In many ways Clymer was Mr. Renton. His family settled in the area decades before the city even came into being, and he lived here his entire life. After leaving high school at 17 to join the Navy and fight in World War II, he returned to the area and became a teacher at Rainier View Elementary School in South Seattle for almost 30 years. He was deeply involved with his church and a patriarch to his family, which was the center of his life.

"Earl really came out of the soil of Renton," Unti

Both men had different leadership styles. I think they both did great things for the city under their leadership. ~ Betty Nokes

said. "While he was very proud of what he did as mayor, what was really important to him were his children and grandchildren. He was a real patriarch of his family."

During his time in city government, Clymer oversaw expansion of the parks, trails and open spaces, and worked to protect the city's aquifer. While he was mayor, Paccar opened its Kenworth truck plant and the Ikea store helped put Renton on the region's shopping map.

"One of his big accomplishments, he and the Council, was that they made the move toward the redevelopment for the downtown area," says King Parker, a former city council member and co-owner, with his wife, of King and Bunny's appliance store. "That's when they actually zoned the area for the auto mall and moved the car dealers out of downtown.

That was a huge, building foundation for the redevelopment of the downtown core area."

Tanner was born in Sandersville, Ga., and raised in the Georgia clay, coming to Renton in 1971 to work with the Federal Aviation Administration. He became deputy regional director. He met his second wife Janice at a florist shop in 1975 when he went to buy a bouquet for National Secretaries Day. February 18th would have been the couple's 29th anniversary.

Parker, who was on the Renton City Council during part of Mayor Tanner's term, remembers him as a good friend and an able administrator.

"He was probably one of the most intelligent men I've ever known," Parker says. "He was a man for all seasons. He was extremely well versed. If there was an issue in front of the

city, he had the capability of studying that issue, learning as much about it as he could possibly know and deal with it in a professional and informed way."

"He had the capability of looking at the issues, making a decision and moving forward on it," says Parker. Tanner's accomplishments in city government included moving into the new city hall, establishing Veterans Park, Piazza Park and the downtown transit center.

"He recognized that there had to be an impetus, a driving force in order for that development to take place," says Parker. "The municipal parking garage, the aquatic center, those were all things that were done during his tenure. His tenure was when the 'Ahead of the Curve' marketing campaign took place."

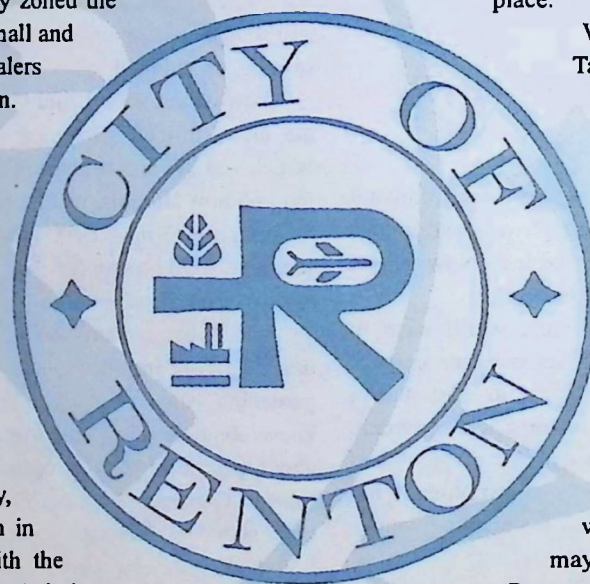
When he was past 70, Tanner decided to get a ham radio operator's license. Parker said that to take the test, Tanner relied on his memory of Morse code from when he first learned it more than 50 years earlier.

Betty Nokes worked with both mayors as CEO of the Renton Chamber of Commerce and in the city's economic development office.

She says Mayor Clymer "started the redevelopment pieces for the city, redoing some of the committee processes, 'Getting to yes,'" she says, echoing one of his phrases. "He had a very, very nice style about him."

Of his successor, she says, "he took the pieces that Mayor Clymer had and really took economic development and redevelopment to the next level.

"Both men had different leadership styles," Nokes says. "I think they both did great things for the city under their leadership."





## recipe of the month



Culinary art students showcased their talents at recent scholarship dinner.

On February 9, 2007, The Renton Technical College Foundation sponsored the '70's Rock! Silent Auction/Scholarship Dinner held at Renton Technical College. This event showcased the talents of the culinary art students as they prepared 1970-inspired dishes. The evening also featured a DJ who played music from the 1970's, the much anticipated Silent Auction which benefits student scholarships, and a fund an item live auction for the Emergency Needs Fund used to help students in need. There was a large selection of food and dessert and this recipe was a favorite among many.

### Chicken Supreme Crêpes

Serves 6

#### Sauce

- 2 cups Chicken stock – heated
- 3 Tbsp. butter
- 3 Tbsp. AP flour

Add these together to make a roux.

White pepper to flavor

- 2 Tbsp. Additional butter

- 1 Tbsp. heavy cream

To this sauce add diced chicken and your favorite herbs.

#### Crêpes

12 each

- 1/2 cup AP Flour
- 1/2 cup milk
- 1/4 cup lukewarm water

- 2 large eggs

- 2 Tbsp. unsalted butter, melted

Combine wet items and then add dry items.

- 1/2 Tsp. salt

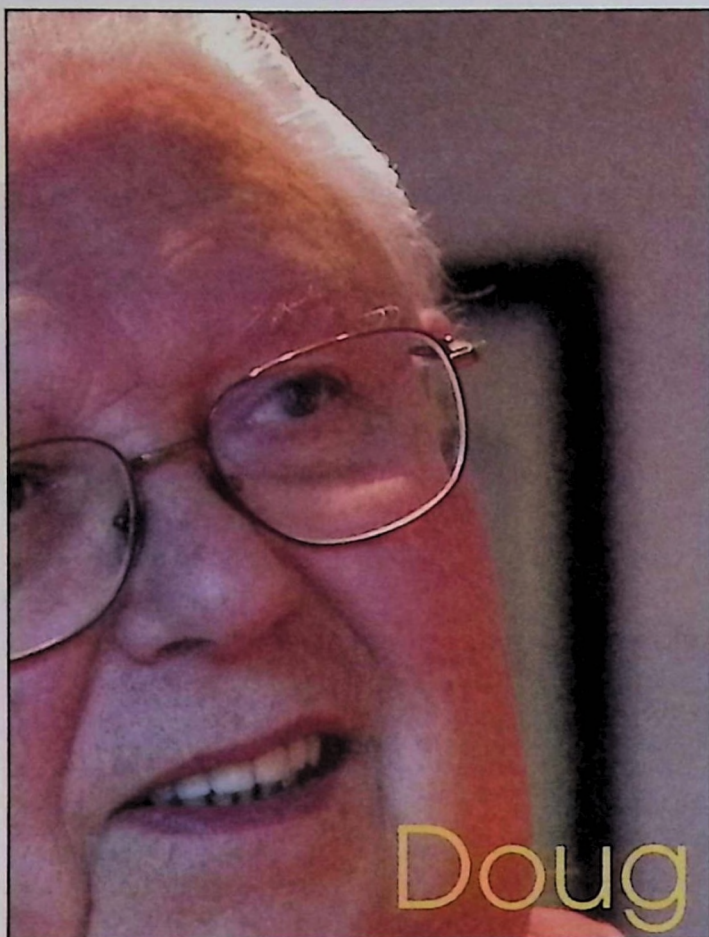
Heat small sauté pan w/clarified butter. Add 1 oz batter to pan and cook until bubbles form, flip and done.

Fill each crepe with Chicken Supreme filling.

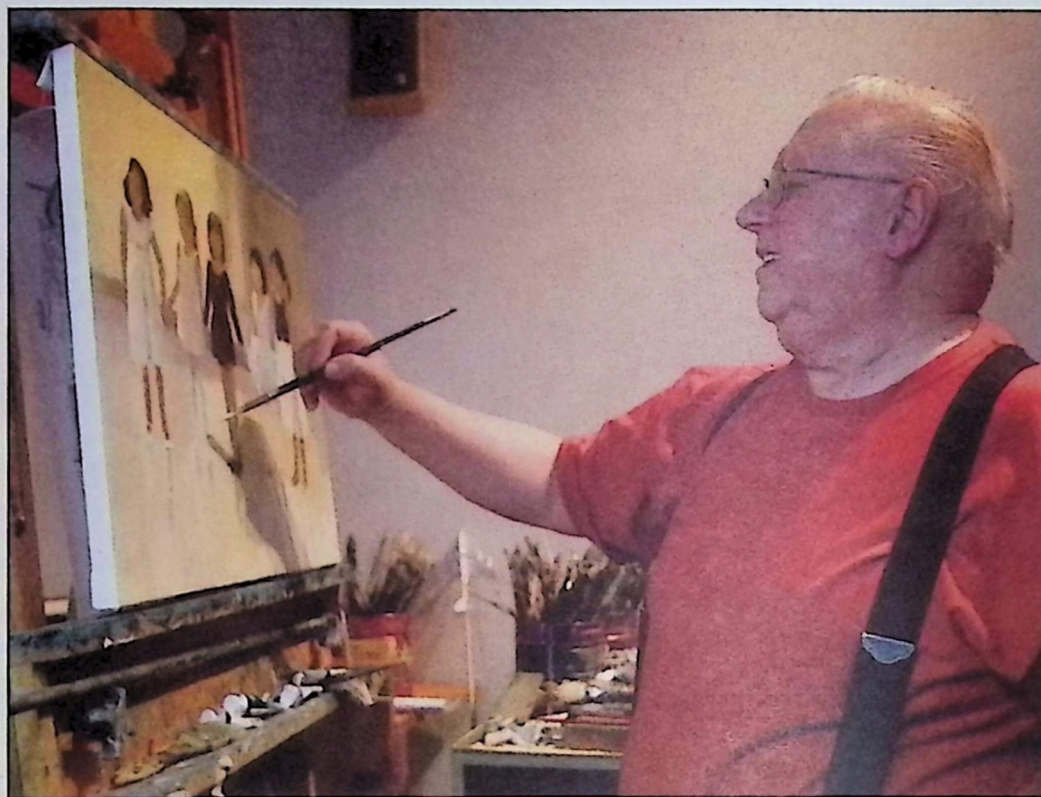
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Doug Kyes



RENTON MAGAZINE / David Nelson

# Interpreting history *through art*

By ANDREW FICKES



When you drive around Renton, it's hard not to experience the work of artist Doug Kyes. His art has been a part of the city scene for more than 20 years, and he has helped Renton's history come alive.

"I've always been interested in history," he says. "It's just a natural thing to illustrate."

"His greatest contribution to Renton is the fact that he came here," says Toni Nelson, City Council member and founder of Renton River Days. "Just being himself and his ability to give to the people of Renton is contribution enough."

Kyes' most recent project was his design of a plaque in memory of longtime

Renton resident Marge Richter, who passed away a year ago. It's on display at the water fountain at the Piazza.

In 2001, for the city centennial, Kyes designed 22 markers highlighting historically significant places, people and events. The 12-by-24 inch granite markers are posted throughout Renton.

On Third Avenue, you can see the mural of the Black River, which dried up in 1916 after Lake Washington was lowered. The Renton History Museum is rich with Kyes' work, including a mural of the Smithers Farm on the Black River, a mural of Williams Avenue circa 1922, a painting of the Johnson Grocery store (which closed in 1972), a painting of a World War II





trench and much, much more.

Fire Station 11 next to the museum also features a mural of a fireman. This spring the Renton Parks Department will unveil Kyes' latest work—a mural of the Duwamish Tribe engraved in stainless steel. It will be erected at the Henry Moses Aquatic Center.

Years ago, Nelson and Kyes both were on the Renton Area Youth Services Board. Nelson was in charge of fundraising and needed assistance in designing promotional posters for the board's annual golf tournament. Kyes quickly volunteered and provided poster art for the next three years.

When Nelson was beginning work on Renton River Days, she again enlisted Kyes, who provided sketches of a fisher boy and later a fisher girl. He continued with Renton River Days for 15 years, says Nelson.

Kyes says he knew at a young age that he had a knack for drawing and painting.

"When I was a kid, Life magazine would publish artists each week and I really enjoyed that," he says. "I delivered the Everett Daily Herald to raise money to take art classes. I started out as a modernist, doing abstract paintings like Picasso. Then, around age 17 or 18 I became a naturalist, drawing more realistically."

At 15 he became an apprentice for a local sign shop in Everett. He landed a job as an illustrator at Boeing in 1956, and that's how he came to Renton. At the suggestion of Boeing, he went to the Art Center College of Design in Los Angeles, earning a



bachelor of professional arts in illustration.

During his 35-year career with Boeing, Kyes illustrated many aerospace designs, brochures and even painted story portraits of foreign leaders. One of his most memorable works for Boeing was a 7-by-13 foot mural titled "Energy Catalyses: Sun, Moon and Science." It was displayed in Knoxville, Tenn., at the World's Fair in the 1960s.

Kyes is known for his willingness to give of himself selflessly through his art, expecting nothing in return.

"I like to make Renton a better place to live, and my work contributes to that," he says. "Passing on history and letting people know what happened here is enjoyable."

He is working on two murals for the Renton Municipal Airport—one depicts a B-29; the other a Dash 80.

In honor of Kyes' dedication to the City of Renton, the Renton River Days Committee issues a \$1,000 Doug Kyes art scholarship each year to a high school senior.



## Reflections program gives students creative outlet



BY ANDREW FICKES

Jamie Sanidad, a fifth grader at Kenndale Elementary School, enjoys running wild through her imagination, and the Renton PTSA Council's Reflections program gives her opportunities to do just that.

The Reflections program, a nationwide student art contest sponsored by the national PTA, has encouraged



Artwork submitted for the Reflection's Program included the piece above by Kira Kusami and left (Jamie Sanidad).

students from preschool through grade 12 to express themselves artistically since 1969.

Jamie, since entering art several years ago, has evolved from acrylic painting to oil and pastel. For the 2006-2007 theme, "My Favorite Place," she entered a vibrantly colored paper mosaic titled, "Getting to My Favorite Place: It's a Long Hike, but It's Worth It." Jamie is one of approximately 140 students from the Renton School District to enter the contest this year.

"I like how there's a theme and you can let your imagination run wild," she says.

Students have a choice of entering one of four categories: literature, music composition, photography, and visual arts. Student works are critiqued against others in the same grade division – primary (preschool through grade 2), intermediate (grades 3 through 5), junior (grades 6 through 8), and senior (grades 9

through 12). Entries are judged on creative ability and interpretation of the theme.

The Renton PTSA has submitted 24 pieces of work for state judging. The Washington State PTA will select five works from each category for national competition.

The Renton PTSA recently presented the works at a banquet at the IKEA Performing Arts Center. Dr. Mary Alice Heuschel, school superintendent, spoke to the students at the ceremony about her favorite place.

Shelly Shear, whose son Spencer has entered for the past five years, said the program is great for students.

"It gives them that creative outlet to pursue art on their own," she says.

"It's very exciting to see children evolve and grow in their art," says Pam Teal, co-president of the Renton PTSA Council and member of this year's Council Reflection team.



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# Renton School District good news announcements

## Lindberg High School senior receives Hiroshima scholarship

Mary Kawamura, a senior at Lindbergh High School, has been awarded a \$1,000 scholarship from the Seattle Hiroshima Club. Mary received the award based on academic achievement, school recognition and awards, extracurricular activities and community service.

The scholarship is offered to students whose parents, grandparents or ancestors are from Hiroshima Prefecture.

## Eighth-grade choir performs for Evergreen Retirement Home

McKnight Middle School's eighth-grade choir, Les Chanteurs, recently performed a concert for residents of nearby Evergreen Retirement Home.

Participants report the residents were moved by the performance and grateful that the students and staff took the time to visit.

## Lindbergh high senior receives Asian-American scholarship

Lisa Nguyen, a senior at Lindbergh High School, has been awarded a \$1,000 scholarship from

the Seattle Chapter of the National Association of Asian American Professionals.

The award honors outstanding Asian-American students who demonstrate academic excellence, outstanding community service and leadership abilities.

## Kennydale Elementary PTA receives funding from Masonic Lodge

The Frank S. Land Masonic Lodge awarded \$420 to the Kennydale Elementary School PTA in support of "Young Scientist Week." The money will be used to purchase science fair award ribbons and science project display boards.

## District's transportation department honored for quality website

The district's transportation department has been recognized by Education Week magazine for its Web page. The publication's "Web Site of the Week" honored the department for using current technology to communicate pertinent information to the district.

The site can be accessed at [www.renton.wednet.edu/transportation](http://www.renton.wednet.edu/transportation).

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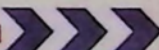
So when they put together their estate plan, they named Renton Technical College (RTC) Foundation as beneficiary of a Charitable Remainder Trust. This provides income for their retirement years, while establishing the promise of an RTC scholarship for the future.

If you'd like more information about how to leave gifts from your estate, or the services RTC provides our community, please contact Chuck Tiernan or Debbie Ranniger at the RTC Foundation, (425) 235-2356.

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# Renton Eagles celebrate 100 years of service



RENTON MAGAZINE / David Nelson  
Mike O'Conner serves as secretary of the Renton Eagles.

**BY ANDREW FICKES**

One of Renton's oldest organizations, the Fraternal Order of the Eagles Aerie 1722, will celebrate its centennial in November.

Since its founding in 1907, the Renton Eagles has united professionals and laborers who live up to their slogan: We are people helping people.

"We're sort of the blue-collar working man's club," says Mike O'Conner, club secretary.

O'Conner said dinners and dances for the 1,000 club members and their guests are being planned to celebrate the anniversary.

Each year the organization donates \$10,000 to \$12,000 to local charities and organizations, including Children's Hospital, Northwest Kidney Center, and the Anita Vista Abused Women's organization. The club has also given grants to the local police and fire departments and raised money for large-print textbooks at the Renton Library.

The national Fraternal Order of the Eagles, which was organized in Seattle by a group of theater owners, has grown to more than a million members in 1,700 clubs across the U.S. and Canada.

Nationally, Eagles have given more than a \$100 million to charities and been in the forefront of social change. During Woodrow Wilson's term as president, the group wanted a day to honor mothers and lobbied for Mother's Day. Eagles representatives were present at the signing of Social Security legislation.

O'Conner, who grew up in Renton, joined the Eagles at age 21 after returning from a tour in the Navy. Joining was natural, he says, because he'd been around the Eagles as a child with his parents.

"I like the fellowship that the Eagles offer," he says. "I've been able to develop relationships through this organization locally and throughout the state."

In the late 1980s, he served as a state officer. He was previously president of the Renton club and is now serving a three-year term as secretary.

Jim Holmes, club president, is one of the blue-collar members. He works a 12-hour day at a steel mill in Seattle and volunteers in the evening at the Eagles Lodge.

O'Conner said the club has many social activities, including six major dances and dinners a year, a golf club, and a bowling league.

"We're always encouraging people to join," he says. Membership is open to men and women 21 and over. Dues are \$39 a year.

*For those 21 and over and interested in joining the Fraternal Order of Eagles, contact Mike O'Conner at 425-226-1721. The Men's club meets the 2nd and 4th Wednesdays at 7:30 p.m. Women auxillary meet the 1st and 3rd Wednesdays at 7:30 p.m.*



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## service clubs



### Fairwood Lions Club

1st and 3rd Wednesday at 6:30 p.m.

Golden Peacock Restaurant,  
14412 SE Petrovsky Rd.

Contact: Phil Johnson, president, (425) 227-6315

### Kennydale Lions Club

2nd and 4th Mondays at 7 p.m.

Kennydale Memorial Hall,  
2424 NE 27th St.

Contact: Paul Wold, secretary,



(425) 226-3672

### Renton Lions Club

2nd and 4th Wednesdays at 7 p.m.

Amante Pizza and Pasta,  
4201 NE Sunset Blvd.

Contact: Joann Bladeau, secretary, 425-228-2403

Website: [www.renton-lions.org](http://www.renton-lions.org)

### Greater Renton Kiwanis Club

Every Thursday at 7:27 a.m.

Renton Technical College,



3000 NE 4th St.

Contact: Jon Pozega, secretary, (425) 235-2463

### Renton Kiwanis

Every Tuesday at noon

La Hacienda Restaurant,  
811 S. 3rd St.

Contact: Dorothy Wood, secretary, (425) 226-2996

### Renton Rotary

Every Thursday at noon

Maplewood Golf Club,  
4050 Maple Valley Hwy.

Contact: Andee Jorgensen, secretary, (425) 255-4161



[www.rentonrotary.org](http://www.rentonrotary.org)

### Fraternal Order of Eagles 1722

2nd and 4th Wednesdays at 7:30 p.m. (Men);

1st and 3rd Wednesdays at 7:30 p.m. (Women)

Eagles Lodge,  
220 Wells Ave. S.

Contact: Mike O'Conner, secretary, (425) 226-1721

### Soroptimist International of Renton

1st and 3rd Tuesday at noon



Salvation Army, 720 S. Tobin

Contact: Judy Craig, president, (425) 255-3210

### Veterans of Foreign Wars-Renton Post 1263

1st Thursday at 7 p.m.

(Ladies Aux.);

2nd Wednesday at 7:30 p.m. (Men's Aux.)

VFW, 416 Burnett Ave. S.

Contact: Cheryl Burkhardt, ladies auxiliary secretary, (425) 255-9010

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# Shawn and Ted carved out a niche for their meat market

BY DAVID SUFFIA

There was a time in America when people didn't buy meat shrink-wrapped in plastic from the supermarket. They also didn't get meat that was loaded with growth hormones, antibiotics and steroids.

Those were the days of butcher shops with sawdust-strewn floors and butchers behind the counter who could tell you where the meat came from and the best way to prepare it.

Shawn Beresford and Ted Coffman have recreated those days, minus the sawdust on the floor, in the Renton Highlands at their Shawn & Ted's Meat Market. In two years, they've also developed a loyal following of customers who know quality when they taste it.

The two partners opened their Renton market in late 2004, at 5325 N.E. 4th St., after working for years at Crystal Meats in Seattle's Pike Place market.

"Crystal was closing and we saw how the beef industry and consumer tastes were changing," Shawn says. "It was pretty scary opening our own business but we love it. We love interacting with our customers."

The market carries only natural meats, devoid of hormones, antibiotics and steroids.

"We also have our own smokehouse and make our own sausages, pepperoni and jerky from scratch," Ted says.

"We sell about 400 pounds of pepperoni a



RENTON MAGAZINE / David Nelson

Ted Coffman, left and Shawn Beresford own a popular meat market in the Renton Highlands.

We're getting customers from Renton but also from the surrounding areas all the way out to Maple Valley and down through South King County.

-Shawn Beresford

week," Shawn adds.

Want a special cut of meat? Shawn or Ted will do it.

Want to know how to cook a pork loin roast for maximum flavor without drying it out? Shawn or Ted will tell you.

Looking for a specialty item, like buffalo steaks or stuffed pork chops? Shawn and Ted have it. The stuffing is their own, not commercially prepared.

They also sell natural poultry and seafood, and they make dog food from scratch.

Shawn, 45, and Ted, 41, got together almost by chance. Both originally from Southern California, they migrated north. As a youth, Shawn went to work cleaning up after the meat cutters at a Kent market. Ted worked for his father-in-law at Crystal.

They became friends when Shawn also went to work at Crystal in 1991. When Crystal closed in 2004 after being in the Pike Place Market since 1947, the two looked around for another way to ply their trade.

"Things just kind of happened," Ted recalls. "Shawn

knew this area of Renton, and we did a lot of demographics and decided this was a good area for us."

They opened Shawn and Ted's in December of 2004 in a small, new corner mall that includes a produce store, service station and a few other small shops.

"We're getting customers from Renton but also from the surrounding areas all the way out to Maple Valley and down through South King County," Shawn says.

"I really wanted to be a landscaper," Shawn recalls, "but I watched those old-time butchers in Kent, and I fell in love with this business. Maybe it's in my blood. My grandfather was a meat cutter too."

"People are becoming more educated about food and they want better quality and that's what we give them, along with friendly customer service. It's tough work – 72 hours, six days a week – but we love it."

And customers obviously appreciate it, from the hand-painted panoramic wall mural of the Old West that surrounds the market, to the ancient moose head that overlooks it all, to the quality meats and the friendly service.



# healthy advice

by dr. bob thompson

## Parents are crucial to preventing child obesity

There is a new epidemic afflicting the children of America.

It is expected to be a leading cause of disability and premature death. It crosses all socioeconomic and cultural lines. It will never be cured by a vaccine or a new drug. It exacts a heavy toll on the psychological wellness of its victims.

Sadly, it is being fueled by our current cultural mores and practices. Even more tragic, it gains access to our children through our own neglect.

What I am referring to is childhood obesity. It has become so widespread that for the first time in centuries, researchers are predicting that our children's life expectancy may be shorter than their parent's generation. The gains we have made in reducing heart disease by lowering tobacco use and cholesterol

are being negated by the damaging effects of a lifetime of obesity, starting as young as two or three years of age.

We now have medical guidelines to screen children for conditions such as high blood pressure, diabetes and high cholesterol. Twenty years ago no one would have imagined we would need to monitor our children for those conditions. More and more teens are now being considered for drastic measures such as gastric bypass surgery as their only hope for losing their excess pounds and keeping them off.

We can't rely on government or school-sponsored programs alone to reverse the rapid rise in obesity among American children. It needs to start in



Dr. Bob Thompson

the home.

Forty three percent of adolescents in our country watch over two hours of television daily. Food and beverage industries spend \$10-12 billion annually marketing directly to children and youth. The average child views more than 40,000 commercials each year and more than half of TV ads directed at kids promote high-calorie foods and beverages such as candy, snack foods, fast foods, soft drinks, and sweetened breakfast cereals. In addition, the entertainment industry promotes many products that encourage sedentary behaviors.

Parents, my advice is to pay attention to:

- The hours your children are being exposed to TV marketing
- What snacks you make available for them at home
- How you model a healthy, active life style
- How your children spend their idle time

Engage your children in active play an average of one hour a day. Take advantage of what the Pacific Northwest has to offer in its vast array of recreational activities, such as bicycling, swimming, kayaking, dance, tai kwon do, scouts, gardening, skiing, hiking, ice skating, skate boarding, archery, tennis, soccer and other sports.

Limit your children's TV watching and video and computer game playing to less than two hours a day. To monitor and manage these activities, take TVs and computers out of their bedrooms.

Prevention of obesity is the ultimate goal. Engage your health care professional early in discussions about your child's health including diet, exercise and weight considerations.

*Dr. Bob Thompson is a family practice physician with 25 years of experience in Renton, and is Valley Medical Center's Director of Recruitment and New Program Development.*

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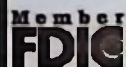
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# Communities in Schools: Helping kids succeed, families thrive

BY ANDREW FICKES

When A.J. Kidd was a third grader in the Renton School District, getting good grades was the least of his concerns.

With his biological father out of the picture, the blond-haired boy was without a male role model. Enter Peter Albee, a retired Boeing engineer, with a heart of gold.

Albee, in 1998, became a mentor with Communities in Schools of Renton, something he discovered through a Boeing retiree program. The mentor program matched him with A.J. and eight years later, Peter and A.J. are the longest lasting mentor/mentee pair. Their longevity is attributed to their like-minded personalities and unbreakable bond.

"They're both very literal," says A.J.'s mother, Janet Van Doren. "A.J. has that engineering kind of mind and Peter was an engineer."

Van Doren said Peter is great as a mentor because he has the patience of a saint and he's a good listener.

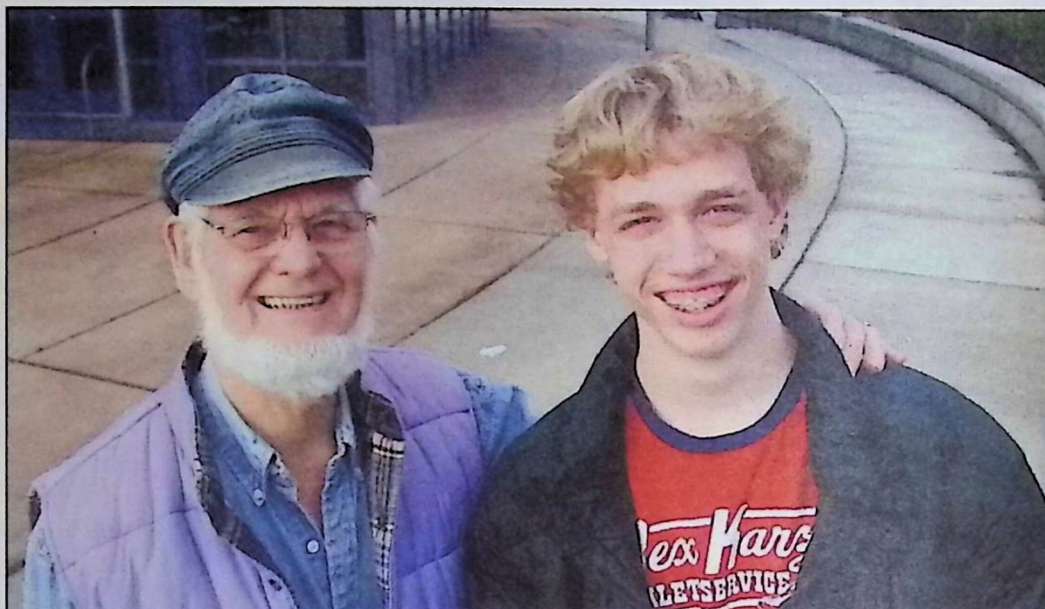
"Peter has been there for A.J. through thick and thin," she says. "He can talk to Peter about anything. It's been an invaluable program for him."

Now as an eleventh grader, A.J. is making great progress in his studies. He plans to be an architectural demolition engineer.

"It's enjoyable to see the changes and growth in him," says Albee. "A curiosity about how he's doing encourages me to continue with him year after year."

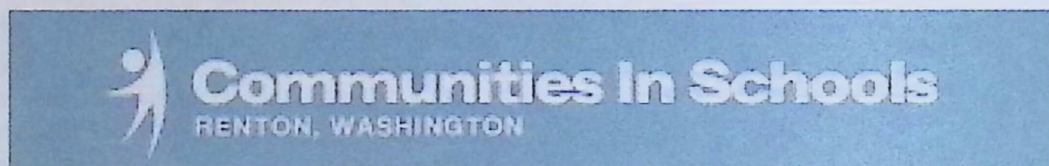
Van Doren says she hopes Albee will be able to attend A.J.'s graduation.

A.J. and Albee were spotlighted at Communities in Schools'



RENTON MAGAZINE / David Nelson

Peter Albee has mentored A.J. Kidd for the past eight years.



annual banquet in January, to represent the success of the mentor program.

Communities in Schools of Renton was organized as a collaborative effort among community groups, the school district and the City of Renton. The mission: to support kids in their academic efforts and help them succeed.

"The needs of the community are greater than something a teacher can handle in the classroom," says Susan Richards, the organization's executive director. "Educators are there to educate the kids, but the community is there to support kids and make sure they are able to be educated."

Richards joined the organization at its genesis in 1994. She says the hiring committee members are still on the board of directors.

"They believe so much that we can make a difference," she says.

Communities in Schools of Renton operates two core programs: the mentor program and family liaison program.

The mentor program matches adult volunteers with children who need a little direction and encouragement. During the 2005-06 school year, 120 children received weekly attention and support from a personal mentor. Mentors meet with a child once a week for an hour. The 115 mentors logged 1,812 hours last school year.

Erin Iverson, the mentor program manager, says people from all walks of life have volunteered.

"It takes a very caring person who wants to make a difference in a child's life," says Iverson.

## Family liaison is a link to Plan B

Dottie Jones, a young mother of two, told her

## Mentoring is believing



BOB MCBETH

Gary Palmer Photo

Bob McBeth, a former King County district court judge, has been the chairman of Communities in Schools of Renton since September. He replaced Dr. Keith Renfrew, who led the organization since its beginning in 1994.

"We want to sustain what we now have," says McBeth. "We would like to expand our program so that we can have a full-time family liaison staff person for every school."

McBeth says financial support is crucial but if you can't contribute financially, he suggests being a mentor and helping a child succeed.

McBeth, a mentor himself, says he has grown to love and embrace the organization's mission.

"I am really committed to making it work," he says.

## Are you mentor material?

If you're interested in mentoring a Renton student, you can go through an orientation before applying. Applicants receive two hours of training, and a background check is required. More information is available from program manager Erin Iverson, 425-430-6659.





**DOTTIE JONES**

story at the Communities in Schools' January banquet about how the family liaison program helped her get back on her feet last year.

In late January of 2006, Jones gave birth to a daughter, Brooklyn. A month later she was abandoned by her husband. Laid off from work, Jones was financially unstable and in need of resources.

"The biggest benefit from this program I received was the lesson that there's always a Plan B and there's always someone there to help you out," she said.

A teacher at Bryn Mawr referred her to the school's family liaison, Nancy Piombo. Piombo helped her connect with the Department of Social Health Services for food stamps and medical coupons.

Piombo also connected her with organizations that gave her food, clothing, school supplies, baby essentials and toys.

In August, Jones received her license to practice real estate. Now she is a realtor with John L. Scott in the Highlands. She closed two deals in January and has more in the pipeline.

"Nancy was truly selfless. She treated me like I was her only family," Jones says. "When I am back on my feet, I will definitely contribute back to the program."

Jones says it was a situation she never thought she'd be in and knows there are others out there.

Family liaisons are based at nine elementary schools and three middle schools. The program is based on the concept that strong families produce successful children.

"This program helps to leverage the resources that are in the community," says Susan Richards, executive director.

The program served 1,173 children and their families last year. Eighty-three percent of parents served reported increased awareness of community resources and 82 percent reported increased access to community resources.

*Communities in Schools of Renton*  
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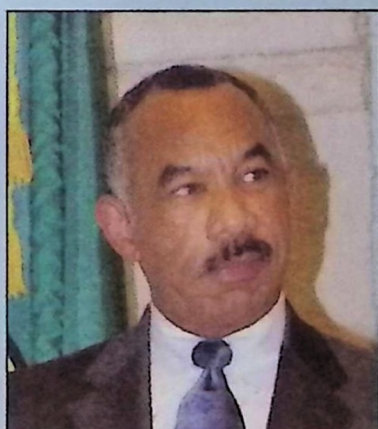
## Corporate sponsors recognized

Communities in Schools of Renton recently honored several key corporate sponsors at its annual dinner banquet.

Costco, a financial supporter since 1999, gave \$20,000 in the 2006-07 year. IKEA contributed \$50,000 for the fourth year in a row as part of its matching challenge grant. Walker Subaru and Bob Bridge Toyota, contributors since 2004, gave \$10,000 and \$11,000, respectively.

Contributions from ticket sales, donations and raffles grossed more than \$22,000.

Approximately 200 people attended the event, all with an interest in the mission of Communities in Schools of Renton. "It's critical that the community understands the benefit of the services and translate it into action,"



RENTON MAGAZINE / Gary Palmer  
Art Jackson representing Costco was among several corporate sponsors to be honored.

Susan Richards, executive director of Communities in Schools, said.

"We want the community to be a part of what we're doing. It's the whole purpose why we're here."

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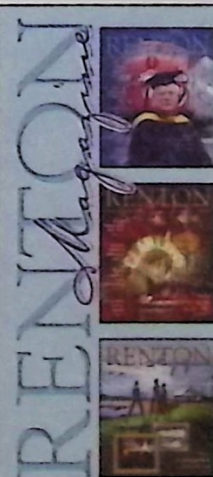
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# RENTON'S

## MITCH



**BY ANDREW FICKES**



t 5-foot-8, 158 pounds and with a lean seven to 10 percent body fat, Mitch Hungate could be considered an athletic machine.

Hungate, a Renton dentist for 28 years, starts each day at 5 a.m. with a two-hour intense workout before going to work at eight. During breaks, he works out on a cycling machine and often times later in the evening, he'll do more exercise.

"Working out is a way of life," he says. "I find it mentally relaxing. It's one of the best stress relievers."

Now Hungate is into an even more intensive, 30-week training program to prepare mind and body for a rigorous 140.6 mile Iron Man qualifying race in Coeur d'Alene in June. During training, he'll work his way up to 20-25 hours of exercise a week.

This will be his second time at the qualifying race. Last June, he finished 150 out of 2,200 competitors and moved on to the pinnacle of triathlons: the Hawaiian Iron Man World Championship. He competed in that race last October and finished fourth in his division. At 54, he was the



# IRON MAN

## HUNGATE



oldest in the 50 to 54-age division.

Conditions for the 140.6-mile world championship race on Hawaii's Kona Coast could best be described as unbearable. The weather is hot and humid. For 16 of the 26-mile run segment, racers pound through a dried up lava field, where the hard ground can reach temperatures above 100 degrees. Much of the run and 112-mile bike ride are punctuated with high, gusty winds. The only inviting feature of the race is the 2.4-mile swim in the 77-degree ocean.

In comparison, conditions at the qualifying race at Coeur d'Alene are merely miserable. With temperatures hovering around 102 degrees, many competitors collapsed last year and were disqualified during the 26-mile run. Lake Coeur d'Alene reached a chilly 59 degrees, and competitors were required to wear wetsuits.

Why go through this?

"I compete for the bragging rights," Hungate admits. "I see it more as a personal challenge. I'm competing against myself and the clock."

Hungate has been a competitor all his 55 years. In high school, he was a competitive swimmer and track and field athlete. And early in life, he began his lifelong passion: mountain climbing.

"I've climbed Mount Rainier so many times, I've lost count," he says.

Years ago, Hungate made up a list of

mountains he wanted to climb, and he's checked most of them off. He has climbed McKinley in Alaska and Mount Aconcagua in South America – at 23,000 feet, the largest mountain next to the Himalayas. He met his wife, Marilyn, more than a dozen years ago while climbing.

Hungate was just finishing dental school at the University of Washington in 1979 when the Hawaiian Iron Man World Championship got started.

"I thought to myself, 'that's an impossible distance. They can't do that,'" he says. "But I had it in the back of my mind to try it even back then."

Around 1987-88 – when Hungate was president of Renton Rotary – he began competing in triathlons. During summer months, he has competed in many, including sprint triathlons (one-eighth of an Iron Man), Olympic distance triathlons (one-quarter of an Iron Man) and the half Iron Man.

A fellow competitor put the bug in his ear to try the world championship.

"Going from a half Iron Man to a full Iron Man is a quantum leap," he says. "I've been doing those triathlons for years but never have pushed myself to the Iron Man level until last year."

And, of course, it won't end there.

"I want to do the qualifying race in Coeur d'Alene one more time, just to see if I can improve my time," he says.

Working out is a way of life . . . It's one of the best stress relievers.



## Explore a world of languages at the library

**BY ROBERTA LORANDEAU**

¿Tienes libros en español?

Unable to understand the previous sentence? (Translation: Do you have books in Spanish?) You're not alone. This is what occurs every day for many in our community who speak English as a second language.

According to U.S. Census data, the face of Renton is changing. In 1990, 3.7 percent of the population spoke a language

other than English in the home; in 2000, that figure rose to 12 percent, an increase of 123 percent.

At the Renton Public Library, we have started collecting books in Spanish, Vietnamese, Russian, and Chinese to better serve our non-English-speaking population. There is a selection of fiction and non-fiction titles including topics such as computers, pregnancy, general health, religion, and home repair.

The collection is small in size now, but we will continue to add titles in each language and add titles in other languages

as our budget permits.

For younger readers, our Children's Department carries board books in Farsi, Vietnamese, Spanish, and French, and has books for older children in Spanish, French, German, Japanese, and Russian.

And for those who want to improve their English skills, the library has an ESL (English as a second language) collection of CD's, cassettes, videos, and DVD's to help with that too.

If you are fluent in English but want to brush up on a language before you go on a trip, or you just want to learn a new lan-

guage, the library has just what you need. In addition to the languages already mentioned, the library carries instructional books, CD's and cassettes on a variety of other languages including Hindi, Polish, Gaelic, Greek, Thai, and Italian.

So stop on by and check out the world languages collection at the Renton Library! ¡Gracias! Thank you!

*Roberta Loranseau is a reference librarian with the Renton Public Library.*

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### ESL Classes

Monday,  
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These are free classes to learn English grammar, reading, writing and conversation skills. Registration required. Please call Access Literacy to register, 253-838-6810.

### Fairwood Afternoon Book Club

Wednesday,  
March 14 at noon

Join us for a lively discussion.

### College Affordability- What's the Cost?

Thursday,  
March 15 at 7 p.m.

Bill Johns of Transitions Advisory Services, LLC will provide an overview of current college admissions standards and costs, and share tips on how to meet them. For parents and teens.

### Erwillian Acoustic Instrumental Concert

Sunday,  
March 18 at 3 p.m.

Join us for an afternoon of traditional and modern music. All ages are welcome.

### Lively Minds Book Group presents The Glass Castle:

A Memoir by  
Jeannette Walls

Tuesday,  
March 20 at 7:30 p.m.

Join us for a lively discussion of this engaging memoir. Contact Rosalie Olds with questions at 425-226-0522.

## OBITUARY

**JOSEPHINE MATHEWSON**  
Dec. 9, 1920 - Feb. 6, 2007

Josephine Mathewson, a compassionate mother and grandmother, passed away at age 86 at Valley Medical Center from pneumonia on Feb. 6.

Her daughter, Terri Briere, a Renton City councilmember, says her mother was a true working mom before there were many working moms. She was a woman beyond her time.

Josephine was born in Bisbee, Arizona on Dec. 9,

1920 to Hinrich (Henry) Gerdes and Josephine Rohlf Gerdes. She married Oliver Mathewson on June 2, 1940 in Tucson and moved two years later to Renton.

She impacted the lives of many through her work as the social service director at the old Renton Hospital in the 1950s and later as a medical assistant for several doctors.

As a working mother, Josephine was also active with her kids in their school and



**Mathewson**  
1920 - 2007

scouts activities. She is probably best known to her family for being a fabulous grandmother and great-grandmother. She was a member of the Renton Historical Society. Her husband passed away in 1990.

She is survived by her daughters Carole (Gerald) Edlund, Cheryl (John) Payseno and Terri (William) Briere; grandchildren Erin (Casey) Aboudara, William Briere Jr., Marilyn Edlund, August (Jennifer) Edlund, Jennifer (Todd) Terhaar, Tracie Smith, Maureen (Shawn) Huff; and great-grandchildren Eric Edlund, Nicholas and Lauren Aboudara, Halle and Max Terhaar, Cole Briere, and Alison Huff.





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**Village Gate Townhome**  
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**Kent East Hill Duplex**  
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—Cliff McCrath,  
soccer coach and  
CAS patient

Orthopedic surgeons at Valley Medical Center practice at the vanguard, using computer-guided imaging during total knee replacement surgery. This exciting technology, also called computer-assisted surgery or CAS, may increase the long-term effectiveness of knee replacements.

Medical Director William Barrett, MD, has performed over two hundred CAS procedures. He leads a large multisite research study evaluating the efficacy

of computer-assisted knee replacements.

Computer-assisted surgery helps surgeons align the patient's bones and joint implants with a high degree of accuracy and less variability than traditional methods. Now doctors can obtain detailed information allowing them to balance the ligaments and analyze bone cuts before they make them.

**What's the benefit for patients?** According to Dr. Barrett, "computer-assisted surgery accentuates the benefits of less invasive surgery. As incisions get smaller, visualization of the anatomy also decreases. The computer helps guide this more precise—and more accurate—process. Less invasive surgery offers the potential for less bleeding and less pain. When combined with improved pain management and better therapy, faster recovery may be realized."

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## Hear William Barrett, MD

discuss joint replacement

surgery and CAS on

Thursday, May 17, 5-7pm

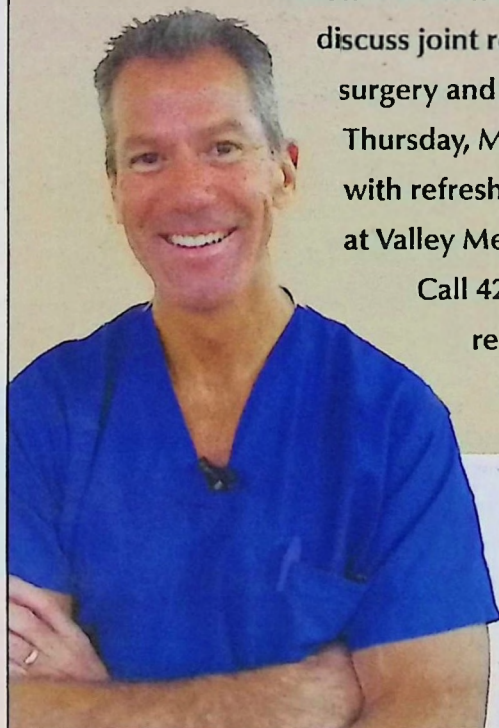
with refreshments 4-5pm

at Valley Medical Center.

Call 425.656.5575 to

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